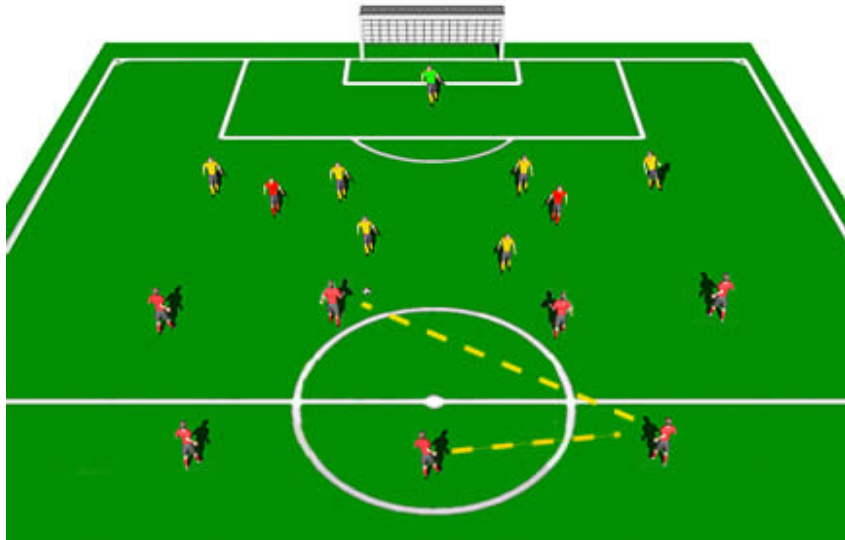


# HALF FIELD #4



## Set Up

- ▣▶ Group of Players
- ▣▶ 4 Cones
- ▣▶ Balls
- ▣▶ Two sets of bibs

## Coaching Points

Add two midfielders to the defending team and add players to the attacking team to consist of 3 defenders, 4 midfielders and two strikers. This allows players to practice their defensive responsibilities in a more realistic setting. The two defensive midfielders can now be first or second or even third defenders behind or in front of the ball.

### What you need to coach:

- Use the second defender as cover
- Direct the player with the ball to the second defender.
- Force them to pass backwards or turn.