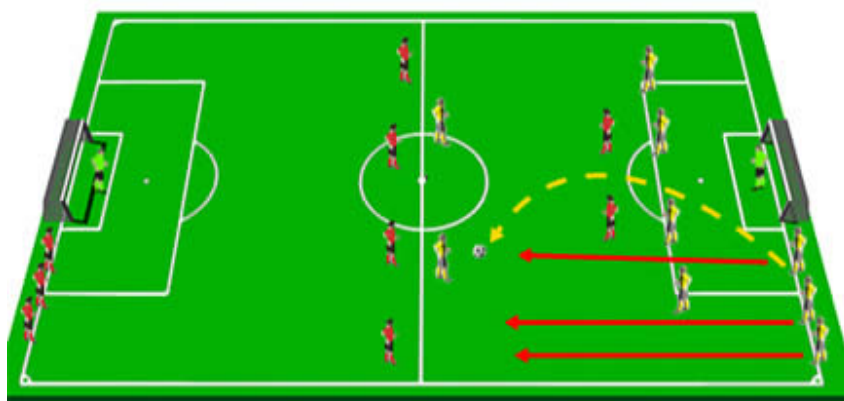


# FULL FIELD



## Set Up

- ▣ Group of Players
- ▣ Balls
- ▣ Two sets of bibs.

## Coaching Points

The back four defenders position themselves on half way with two attackers. Three midfielders play the ball in from the goal line and join the attack to form a 5 v 4. Once the attack ends with a shot or loss of possession, the exercise restarts from the other end.

### What you need to coach:

- All previous coaching points.
- Allow strikers to receive the ball without challenge.
- Strikers to receive under pressure from defenders..